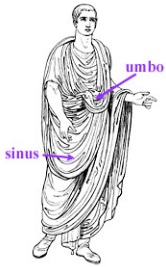


Roman Fashion

By Kaitlyn

The Ancient Romans had a lot of fashion! They would make their own makeup out of things we wouldn't even imagine of making them out of! From snail guts to plant juices, they figured it out!



The Roman men and women had a lot of nice clothing that was handmade. The women's clothing consisted of underwear made of loincloth, bras made of corsets, a tunic that was made from wool, or linen, a stola, (also known as a robe), A toga that was a large piece of cloth that was draped over the stola. Rich women would wear colorful dresses instead of wearing togas. They made them colorful with dyed vegetables.



The mens clothing wasn't very different from the women's clothing. They wore underwear made of loincloth, over their underwear they wore a tunic made from two rectangles stitched at the sides and shoulders tied with a belt. Most garments were made from uncut pieces of cloth were folded and pinned with pins also known as fibula, or tied with belts. Clothes mostly were undyed, but some were bleached white. Fabric shirts were covered with bronze. That was a common type of armor.



The Roman women also had a lot of fine jewelry. They had hair combs, made of gold(if they were wealthy), tongs which they heated and wrapped hair around them, so the hair would become very curly. They had hair pins, rings, made of gold, bracelets were



strands of fine gold wire. They also had necklaces, earrings made of gold, brooches, and headbands made of gold, ivory, and precious stones. Poor women wore jewelry made from glass, colored stones, and brass.

The Roman women had a lot of home made makeup made of unbelievable things! Powdered chalk was used to whiten their faces. It was made of oil. It was not healthy for your skin. For lipstick, they used red wine, and also a plant called a focus plant. Women thought they were beautiful if they had pale faces. It also showed that you were rich. Perfume was very popular in the Roman age. Men and women wore it. Eye shadow was used to bring out their eyes. That was made from ash! Most cosmetics were made from plants, insects, and shellfish. Face cream was made from crushed snails!

Hair was probably the most important to girls in the Roman age. The girls and women wore their hair in curls, which they heated up tongs and placed their hair around it for a few seconds, they released it into a beautiful, perfect, curl. They wore pony tails, they braided their hair, and just wore it down sometimes. Most of the time, if you were rich, the slaves would do your hair. Upper class women grew their hair long. It took quite sometime to figure out new hairstyles. Sometimes they would wear hair extensions. Guess what they were made from? The slaves' hair! The slaves would shave their heads then make it into a wig to give to the women.

The men wore beards. Later, they clean shaved. They wore their hair long during the Imperial times. The emperor, Hadrian, started the fashion for beards. Men also shaved their arms and their legs!

Shoes were used for a lot of different occasions. Elegant sandals were for wearing to a nice dinner or going out with your husband. Slippers were worn mostly around the

house, and maybe if the women had to go to the market. Slippers were made from cloth and leather. Soldiers wore boots with soles made of nails so they would be stronger and last longer. Those boots were called calcei.

I hope you enjoyed learning about the Roman fashion. I did!

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